



**LEASIDE HOCKEY ASSOCIATION**  
**1073 Millwood Road**  
**Toronto, Ontario M4G 1X6**



**33<sup>rd</sup> LEASIDE INVITATIONAL TOURNAMENT (“LIT”) POLICY**  
**JANUARY 30 - FEBRUARY 2, 2025 - Sanction #6062**  
**U10 to U18 DIVISIONS ONLY**

**ELIGIBILITY / REGISTRATION**

- Only teams at the Select or equivalent level may participate in the Leaside Invitational Tournament (“LIT”), unless pre-approved by the Tournament Organizing Committee (“TOC”).
- Invited teams must register at TeamSnap Tournaments, link provided by email from inviting team.
- All registrations are subject to TOC approval. Receiving a spot in the tournament is not based on registration acceptance alone. Confirmation of registration is based on availability of space, completed payment, and receiving your team travel permit and approved roster.
- Approved Team Travel Permit submission is required prior to participation in a LIT game.
- Approved Team Roster submission is required prior to participation in a LIT game.
- All players eligible to play in this tournament must be on the approved team roster list, there will be no exceptions.
- Full names (first and last) of all players with their corresponding jersey numbers must be provided for all players taking part in the LIT and included on game sheets.
- Each team must have their Approved Team Roster available at all LIT games.
- Players may not play for more than one team at the LIT.
- After the start of a team’s first game, no changes can be made to the team roster.
- Affiliated players are allowed as per NYHL rules and regulations and/or pre-approved by the TOC.
- Affiliated players listed on the game sheet must have ‘AP’ written next to the player’s name, or the affiliated player is regarded as ineligible.
- All teams who are found guilty of knowingly using an overage, suspended player or any ineligible player, including affiliate players where the ‘AP’ is not shown on the game sheet, will be suspended from the LIT and all games played will be forfeited.
- All games will be played under HC/OHF/GTHL/NYHL and LIT rules.
- The LIT Director and/or TOC have final say on all LIT rules and regulations and/or their interpretation.
- The TOC reserves the right to change or alter tournament rules at any time, without prior notice, to act in the best interest of the LIT.

**DIVISIONS / TIERING**

- A LIT goal is to ensure teams are placed in groups that match their appropriate skill and tier level, to ensure fair competition and ultimate enjoyment for all teams and players.
- Teams will be assigned to groups accordingly after the NYHL Winter Tiering is released and teams should simply register in their current season division (e.g. U10).
- A team may be grouped with teams that are 1 division above or below their current division, based on their Final Winter Tiering and ranking information available.
- We are happy to discuss your team’s placement, especially with teams outside of the NYHL, to ensure we have all relevant information to place your team in the appropriate group.
- The LIT TOC reserves the right to make the final decision on group placement for all teams.



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## **BENCH STRENGTH**

- Each team must register a minimum roster of 13 players including a goalie and may have a maximum of 17 players and 2 goalies.
- The minimum bench strength to start a LIT game is 6 players or 5 players and a goalie.

## **GAMES**

- The LIT schedule is set to best accommodate age and special exceptions requested.
- By registering, each team is confirming acceptance of the schedule and this Policy.
- Each team will play three games in the round robin format.
- Two points will be awarded for each win.
- One point will be awarded for each tie.
- There are no timeouts allowed during round robin games.
- There will be one (1) timeout allowed per team, during playoff games.
- All game periods shall be played as follows:
  - U10 to U14: 12-12-12 minute periods with stop time.
  - U15 to U18: 12-12-15 minute periods with stop time.
- Teams must be prepared to play at the designated arenas and times indicated in the schedule.
- Teams should be dressed 15 minutes prior to game start time.
- Games must start at the scheduled time and may start up to 15 minutes earlier than the scheduled time.
- A two-minute penalty will be assessed to the team that causes a delay to the start of the game.
- Between periods, goalies will be allowed time to change ends before the clock will be re-started for the next period.
- Teams not prepared to start 15 minutes before their scheduled time may forfeit the game to their opponent.
- Team officials must be able to present their branch permission forms and certifications if requested.
- Team officials must be listed on the approved team roster and have identification available.
- Electronic Game Sheets may be used, and further details will be provided prior to the LIT the start.
- If paper Game Sheets are used, they will be obtained from the LIT Registration Desk in the Arena. The visiting team should complete the game sheet first, and then pass it to the home team who will be responsible for forwarding it to the Referee or Timekeeper.
- If there is a spread of 5 goals or more in any Tournament game, running time will be in effect. Running time will revert to stop time if the spread reduces to 2 goals.
- The top two teams in each division shall advance to the Tournament Finals.
- If the games are running significantly behind schedule, games may be played at running time. This is at the discretion of the Tournament officials.
- Unless noted below, HC/OHF/GTHL/NYHL rules will apply to all LIT games, including the following:
  - All players must wear certified neck guards.
  - No body checking will be permitted in any age group.
  - Any player or team official ("participant") receiving a suspension, gross or game misconduct, ejection, and/or Maltreatment or Match penalty during LIT, is immediately ineligible to play in any and all remaining LIT games and is out of the tournament. There is no exception to this rule.
  - Suspensions not served in the Tournament will be reported to the team's governing body and must be served during league play.



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## **TIE BREAKING FORMULA**

In case of a tie after the completion of the round robin portion of the LIT, the tie will be broken according to the following methods in the following order:

### **Two Teams Tied:**

1. Record against other team(s) involved (head-to-head).
2. Total goals for divided by the sum of Total goals for plus Total goals against.
3. Shut Outs.
4. First goal scored in head-to-head match.
5. A single toss of the coin

### **Three or more Teams Tied:**

1. Total goals for divided by the sum of Total goals for plus Total goals against.
2. Shut Outs.
3. First goal scored in head-to-head match.
4. A single toss of the coin.

## **OVERTIME – FINALS ONLY**

- Overtime will only be played in the finals, in the event of a regulation time tie.
- Overtime consists of a three-minute sudden victory period to be played using a four-on-four format (plus a goalie).
- If the game is still tied at the end of the three-minute sudden victory period, then a two-minute sudden victory period will be played using a three-on-three format (plus a goalie).
- If the game is still tied after the two-minute sudden victory period, a shootout will occur.

## **SHOOTOUT – FINALS ONLY**

- Applicable only if the game is still tied after the various sudden victory periods above.
- Each team must designate five shooters prior to the start of the final game.
- Each team is entitled to five shots with each team alternating shots.
- After five shots the team with the most goals is declared the winner.
- If the score remains tied, each team must designate a shooter who has not already been a shooter, and each team takes alternate shots until a winner is declared.
- The same player may not shoot twice in a shootout unless the team has gone through their full roster of skaters.

## **REFEREES**

- Referees and Game Officials must be treated with courtesy at all times by all players, fans and officials of each club. A Zero Tolerance rule is in effect.
- In a game situation, a Referee shall have full authority and the final decision in all matters under dispute, except game times, start of games and periods, which are listed above.
- The Referee's decision shall be final on all questions of fact and not subject to appeal.
- No protests will be permitted.
- No club officials, team officials, players or spectators are permitted to enter the game officials' dressing room at any time.
- Suspensions will be levied for infractions of this rule.



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## **SUSPENSIONS, MISCONDUCTS, MATCH PENALTY, EJECTIONS**

- Interpretation of the rules and regulations will be at the discretion of the LIT Director and/or TOC. All decisions are final.
- Suspensions will be issued as outlined in the current NYHL Rules and Regulations Manual and as per GTHL, OHF, and HC Rulebooks and Policies.
- Any player or team official (“participant”) receiving a suspension, gross or game misconduct, ejection, and/or Maltreatment or Match penalty during LIT, is immediately ineligible to play in any and all remaining LIT games and is out of the tournament. There is no exception to this rule.
- Suspensions not served during LIT will be reported to the team’s governing body and must be served during league play.

## **UNIFORMS**

- White is the designated “Home” colour.
- In cases where one team has only one set of jerseys and a conflict occurs, sportsmanship dictates that the team with two sets of jerseys will change.
- If both teams have only one set of jerseys and a conflict occurs, the “Home” team shall come up with a substitute set of jerseys or cover-ups.

## **CONTACT**

- [LIT@LeasideHockey.com](mailto:LIT@LeasideHockey.com) for further information.

## **CHANGES**

- Should the TOC make changes to this policy and/or any of the LIT rules, all registered teams will be notified via TeamSnap Tournaments prior to the commencement of the LIT.
- The LIT Director and/or TOC have final say on all LIT rules and regulations and/or their interpretation.
- The TOC reserves the right to change or alter tournament rules at any time, without prior notice, to act in the best interest of the LIT.

## **TOURNAMENT PAYMENTS**

- ETRANSFER TO: [Payments@LeasideHockey.com](mailto:Payments@LeasideHockey.com)
- CHEQUES: Make cheques payable to Leaside Hockey Association and mail to:
  - Leaside Hockey Association  
c/o Leaside Memorial Arena  
1073 Millwood Road, Toronto ON M4G 1X6

## **REFUNDS**

- Sorry, Registration Fees are non-refundable to any team who withdraws from the tournament.

**Thank you, from all of us at the Leaside Hockey Association.**