



SATURDAY – APRIL 4, 2026
CDS INFORMATION SESSION
AGENDA

1. Introductions
2. Overview
3. Tiering
4. Evaluations
5. Season Structure
6. Format of Play





CDS Goals

- To prepare players to enter into various competitive streams of hockey at the U10 age, including “AAA”, “AA”, “A” and Select.
- To preserve the community aspects associated with House League hockey and allow players to make friends throughout the LHA community.





ABOUT COMPETITIVE DEVELOPMENT STREAM (“CDS”)

- CDS is an extension of LHA’s House League program. It is not available as a standalone registration. To be eligible for CDS registration, players must be registered for House League.
- LHA has associated with several other neighbouring associations (Forest Hill, North Toronto, North York Knights, Scarborough Ice Raiders and Ted Reeve). Internally, we tier our teams and then, working with the CDS coordinator, we schedule games to allow the teams to compete against each other.
- CDS is “sanctioned” by the GTHL and by extension, it is sanctioned by the OHF and Hockey Canada, and it must therefore follow the approved Hockey Canada delivery formats.
- Interested CDS players will attend CDS evaluations. Following evaluations, LHA will form as many CDS teams as possible given the attendance at the evaluations.





CDS Tiering

- Leaside Red = Tier 1
- Leaside Gold = Tier 2
- Leaside White = Tier 3
- Leaside Orange = Tier 4

The colours/tiers are different at other clubs.

- Leaside DT – This last tier of CDS is only used in the U7 (2020) division. The DT team allows Leaside to register a team of 2021 birth year players in the U7 division.
- Current teams:
 - U9 – Red / Gold / White / Orange
 - U8 – Red / Gold / White / Orange
 - U7 – Red / Gold / DT

We are hoping to have U7 Red / Gold / White and DT next year.





Evaluations

- All evaluations are held at Leaside Memorial Gardens. Players **MUST** be registered for House League. Players registered in Learn to Play are **NOT** eligible for CDS.
- U9 (2018)
 - Monday, April 20 – 6:00 / 7:00 (Rink A)
 - Wednesday, April 22 – 6:00 / 7:00 (Rink A)
- U8 (2019)
 - Monday, April 20 – 5:15 / 6:15 (Rink B)
 - Thursday, April 23 – 6:00 / 7:00 (Rink A)

For U7, evaluations are not permitted until the fall. However, we will be holding skates to determine the number of interested players:

- U7 (2020) & DT (2021)
 - Thursday, May 14 – 5:00 / 6:00 / 7:00



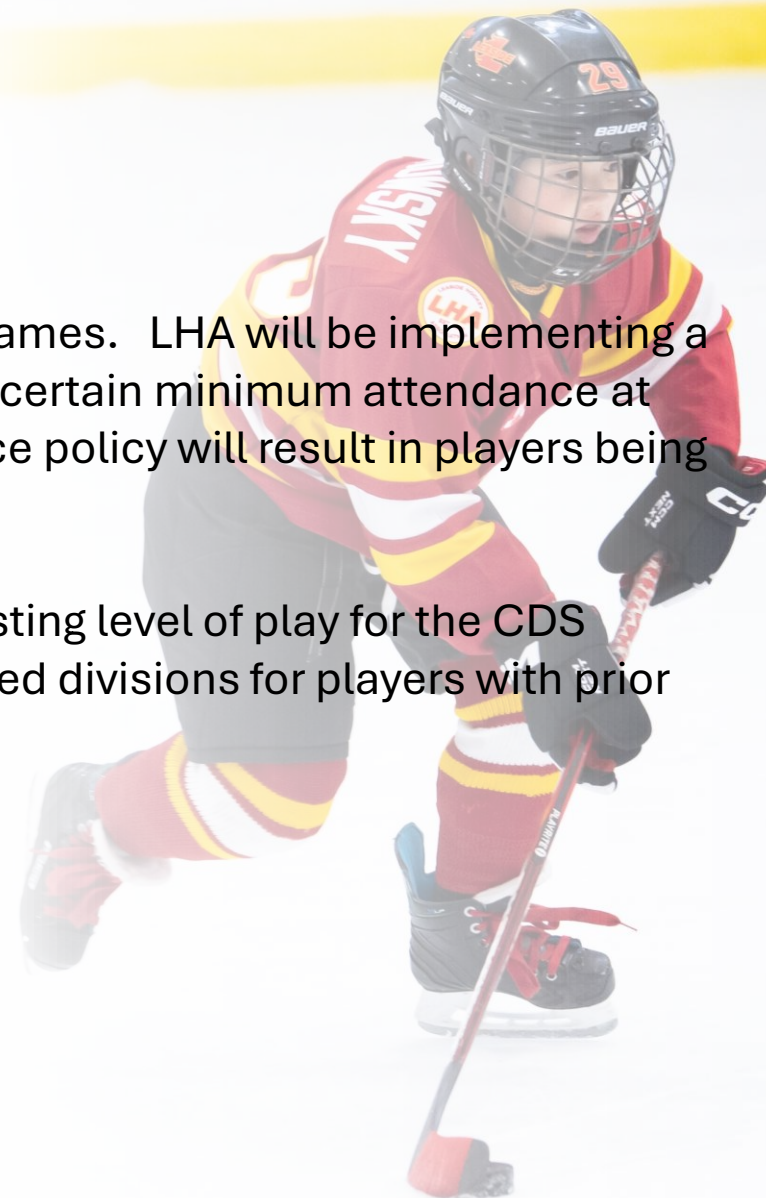
Evaluations

- Evaluations are conducted by an independent evaluator.
- Children can expect to be moved to new teams each year based on their abilities as determined by the evaluator.
- Ultimately, the tier that a child is assigned to play at matters less – what matters more is the relative competitiveness and results of the team they are assigned to. LHA teams that perform similarly will be tiered similarly within the CDS league and receive similar opponents.



Season Structure

- All players expected to attend all House League games. LHA will be implementing a House League attendance policy that will require certain minimum attendance at House League. Failure to adhere to the attendance policy will result in players being suspended from their CDS roster.
- The House League will be tiered to keep an interesting level of play for the CDS players. In the past, the House League has featured divisions for players with prior CDS experience.





Season Structure

- Each CDS team (except DT) will play ~10 CDS games in the fall and ~10 CDS games in the winter. They are approximately once every 10 days. Locations are generally quite close with Don Montgomery and Phile White being the farthest regular rinks from Leaside.
- Crossover with the sister CDP program run in the west end is possible. Associations such as George Bell, Mimico, Humber Valley and Faustina have good teams available for us to play.
- Being sanctioned hockey, exhibition games with NYHL teams (Duffield, York Mills, Avenue Road, Etobicoke, etc.) are also easily facilitated.





Season Structure

- CDS Teams are periodically re-tiered within CDS to ensure competitive games.
- Goal is to maintain the 2:1 practice to game ratio recommended by Hockey Canada.
- CDS teams will be allocated 1 to 2 hours of practice ice each week.
- Ice time is very difficult to obtain, please be prepared for early mornings
- Tournaments
 - One local
 - One away
 - CDS April Festival
- Christmas / Holiday Break + March Break





Season Structure – 2021 DT

- Practices only in the fall
- Cross-ice games commencing in the winter
- Maximum of one tournament, plus the CDS Festival
- 2021 DT team will be placed in the lowest CDS tier available to start





Format

- U7 – Cross Ice - Typically requires an 18 player roster
- U8 – Half-ice - Typically requires an 18 player roster
- U9 - Typically requires a 16 player roster
 - Three-Quarter Ice (First 6 Weeks)
 - Full Ice w/o special teams (until holiday break)
 - Full Ice w/ special teams (January until April)





Cost

- CDS Fees are in addition to House League.
- Uniforms – Approx. \$250
- Team Fees – Determined by teams, but \$2,500 to \$3,000 is common





Coaches & Other Volunteers

- LHA's CDS teams are 100% volunteer run!
- Anyone with interest in serving as a coach, assistant coach, trainer or manager, please speak to me.





QUESTIONS